Liberty ROC® Program

Liberty’s ROC program promotes due process, facilitates quicker access to mental health and restorative treatment, reduces time in the justice system, and accelerates restoration of competency to stand trial. A 2012 report by the California Legislative Analyst’s Office revealed ROC to be a proven, cost-effective restoration of competency alternative to state hospital treatment for defendants deemed incompetent to stand trial.

We’ve successfully implemented this humane, cost-effective program in multiple states and counties:
• Reducing the length of time inmates spend in the state hospital system
• Eliminating long waiting lists for state hospital beds
• Decreasing the risk of violence, suicide, and trauma for mentally ill inmates delayed in local jails
• Facilitating early determination and transfer of inmates requiring longer hospital-level treatment to restore competency
• Increasing cost-savings and improving outcomes

The Liberty Advantage

Major state agencies and correctional facilities turn to Liberty Healthcare to develop and operate programs for mentally ill pre-trial detainees found incompetent to stand trial. Liberty’s ROC program provides comprehensive, high-quality restoration of competency treatment using efficient, intensive, and targeted interventions within the county jail system. As a result, ROC inmates make faster progress through competency restoration - often at a fraction of the cost than do inmates at state hospitals.

These humane and innovative programs maximize clinical outcomes, public safety and cost savings, and lead to an accelerated judicial process.

The Liberty Standard

Liberty Healthcare is committed to delivering measurable performance excellence. We do that by leveraging our Liberty QualityCare® solution to proactively and responsively manage our contracts and rigorously monitor our performance.

Liberty QualityCare is a robust quality framework that governs and standardizes the performance management, risk management, and quality improvement requirements of every contract serviced by Liberty Healthcare. It is also a rich, value-based package of QP/QI services and resources that is brought to bear on our ROC program through specialized interventions and technical consultative expertise.

Some of the value-based services that are provided in support of ROC include specialized quality-focused training, QP/QI reviews, second level physician peer review services, staff and program evaluations, and a robust compliance program.
Our evidence-based, results-oriented ROC program can offer attorneys and court officials:

- Reducing the disruption of jail operations caused by psychotic and disordered behaviors and related litigation
- Reducing state hospital bed admission waitlists and decreasing risk of related court action
- Reducing jail bed days
- Reducing the time and high costs associated with patient transports to and from state hospitals and the courts
- Reducing the risk of decompensation, violence, suicide, and trauma by keeping the person in the same general environment before, during, and after treatment
- Relieving local jails that lack adequate mental health resources from the responsibility of holding mentally ill inmates
- Reducing the disruption of jail operations caused by psychotic and disordered behaviors and related litigation
- Improving the efficiency of restoration, continuity of care following restoration, and close coordination with courts
- Reducing incentives for inmates to feign mental illness to get transferred into the state hospital system
- Keeping the individual in the community close to family, friends, attorneys, courts, etc.

### Liberty Performance

Since 2006, Liberty Healthcare has maintained the gold-standard in healthcare recognition, Joint Commission certification in Health Care Staffing Services. We also hold additional Joint Commission certification for units within our company, as well as accreditation for other programs through the Commission on Accreditation of Rehabilitation Facilities (CARF), Association of Psychology Postdoctoral and Internship Centers (APPIC), and National Association of Dual Diagnosis (NADD).

### Partner with a Trusted Expert

Liberty Healthcare has a history of successfully providing health services across the country through contracts with government and public sector organizations, including correctional facilities. In 2011, we developed and unveiled our first innovative jail-based ROC program with the San Bernardino County Sheriff’s Department. The program was so successful that a second 20-bed program opened in neighboring Riverside County in 2013 and added 76 more beds in June of 2015.

Some of the major achievements of this award-winning program include:

- A California Legislative Analyst Office report found that the ROC program saved San Bernardino County $200,000 and the State of California $1,200,000 in its first nine months of operation and recommended that the program be expanded.
- A San Bernardino County Sheriff’s Department study found that ROC cut the length of time inmates spent in the pretrial judicial system by more than 50%. Inmates found incompetent spent an average of 765 days in the pretrial judicial system between arrest and case disposition before ROC and 296 days after the program was implemented. The study estimated that the 20 bed program saved an average of 130,382 bed days per year in San Bernardino County alone.
- 98% of the certifications of competency issued by the ROC program since its inception were upheld by the court upon discharge from the program, which highlights the program’s ability to effectively restore individuals to competency and support clinical opinions through written reports.
- Liberty’s incentive program has helped to achieve a voluntary medication compliance rate of 87% in San Bernardino County and 72% in Riverside County.

### COMIO Best Practice Award

In 2013, the San Bernardino County Sheriff’s Department was awarded a Best Practice Award for the Liberty Healthcare ROC program by the California Council on Mentally Ill Offenders. The ROC program and its outcomes were published in the *Journal of Correctional Healthcare*, the leading journal in the field of correctional health care.

### About Liberty Healthcare

Liberty Healthcare has a proven record of successfully embracing healthcare challenges that seem to defy solutions. Our ROC programs, which offer more effective and efficient means to restore competency, demonstrate our ability to redefine what is possible in areas that are often viewed as challenging. Liberating our customers from the operational burdens of program management enables them to focus on their priorities and thrive.

We’re Liberty.…. and we give you the freedom to succeed™.